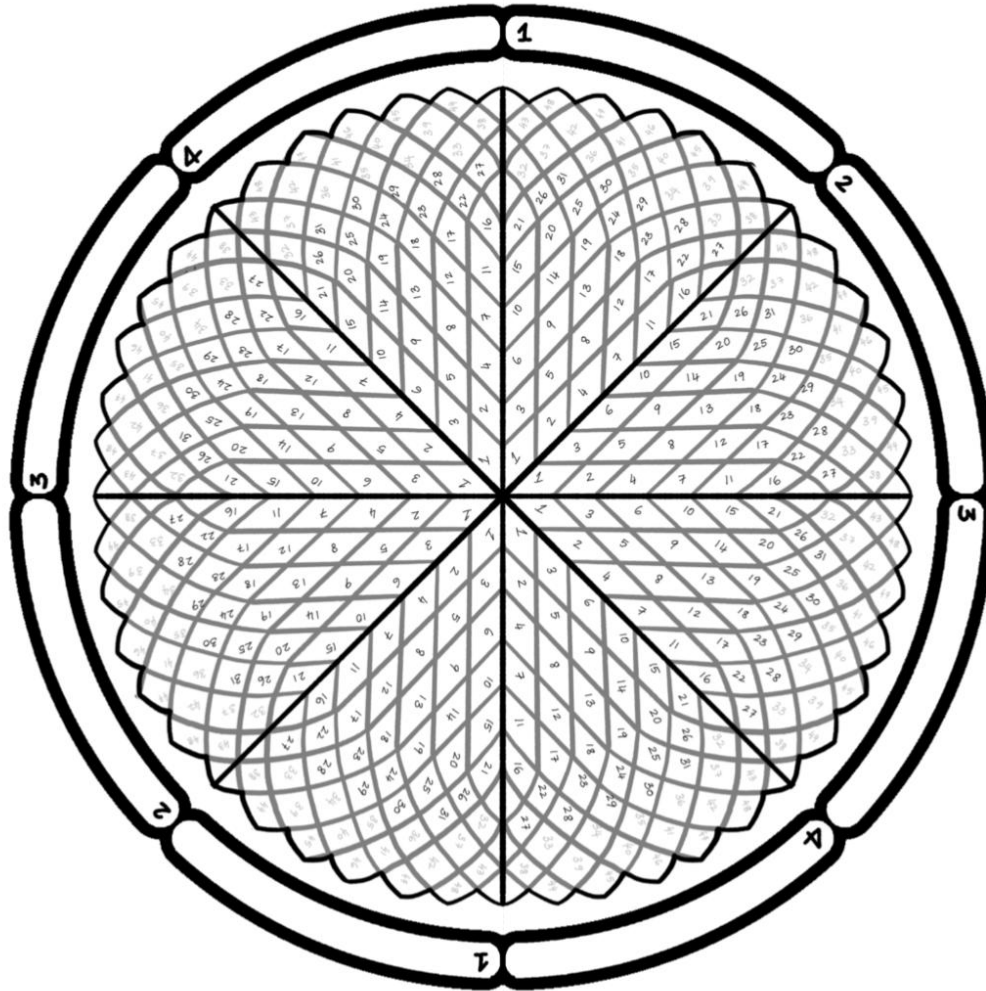


Varnamaala Tracker (Color Wheel)

Work

- 1
- 2
- 3
- 4

Identify key work related habits to track and use the color wheel to track for an entire month or even up to 48 days



Life

- 1
- 2
- 3
- 4

Identify key life supporting habits to track and use the color wheel to track for an entire month or even up to 48 days

In addition to tracking your key habits, also see if you balance work and life. Balance and rebalance again and again till you ride steady

Featured Art: Sahasradala Padma (Thousand petalled Lotus)

Featured Theme: The Color Wheel | The Balancing Wheel

"Sahasradalapadmasta Sarvavarnopashobitha", verse 109 from the Lalitha Sahasranamam

<https://wisdom.srisriravishankar.org/time-management-tips/>

Lakshmi